



HOW TO PREPARE FOR A LEVEL HEALTH & SOCIAL CARE

If you have chosen to study Health & Social Care next year, please open the legislation and unit-based resource document in the how to prepare section of the website.

We cover lots of different legislation and national initiatives in Health and Social Care, these are all listed in this document. You will notice that there are yellow markings next to each legislation / national initiative, this will tell you which course covers which legislation or initiative, please only carry out research into legislation or initiatives that you will cover on the course you have chosen.

If you have chosen the **Level 3 Cambridge Technical Extended Diploma in Health and Social Care** you need to follow the **triple** markings

If you have chosen the **Level 3 Cambridge Technical Diploma in Health & Social Care** you need to follow the **double** markings.

If you have chosen the **Level 3 Cambridge Technical Extended Certificate in Health & Social Care** you need to follow the **single** markings.

The whole document will need to be saved by you as you will continue to work on it in September. Please look at the legislation and national initiatives applicable to the course you have chosen and use the links provided to find out further information.

You are not expected to carry out research into all the suggested areas, please follow the guidance below.

Level 3 Cambridge Technical Extended Diploma in Health and Social Care (Triple)

If you have chosen this route, we advise that you select a minimum of 6 legislation and 6 national initiatives to investigate. You can type your findings in the box labelled key features.

Level 3 Cambridge Technical Diploma in Health & Social Care (Double)

If you have chosen this route, we advise that you select a minimum of 4 legislation and 4 national initiatives to investigate. You can type your findings in the box labelled key features.

Level 3 Cambridge Technical Extended Certificate in Health & Social Care (Single)

If you have chosen this route, we advise that you select a minimum of 2 legislation and 2 national initiatives to investigate. You can type your findings in the box labelled key features.



The Legalisation	The Care Act 2014
Units	Exam 2,6, NEA 16, 1, 4, 17
Resources	
<ul style="list-style-type: none"> • https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/365345/Making_Sure_the_Care_Act_Works_EASY_READ.pdf • https://www.theguardian.com/social-care-network/2015/apr/28/-care-act-2014-quick-guide • http://londonadass.org.uk/wp-content/uploads/2014/12/Alz-Society-The-Care-Act-and-Dementia-TM-15th-Jan-2015-handout.pdf 	
Key Features of this Legislation	

The Legalisation	Mental Health Act 2007
Units	NEA 16, 1
Resources	
<ul style="list-style-type: none"> • https://www.iapk.org.uk/wp-content/uploads/Mental-Health-Act-Easy-Read.pdf • https://www.nhs.uk/mental-health/social-care-and-your-rights/mental-health-and-the-law/mental-health-act-easy-read/ • https://www.alzheimers.org.uk/get-support/legal-and-financial/mental-health-act-1983 	
Key Features of this Legislation	



The Legalisation	Mental Health Capacity 2005
Units	NEA 12,1,6,2,14
Resources	
<ul style="list-style-type: none"> • https://www.nhs.uk/conditions/social-care-and-support-guide/making-decisions-for-someone-else/mental-capacity-act/ • http://www.careengland.org.uk/sites/careengland/files/Mental%20Capacity%20Act%202005%20easy%20read%20guide.pdf 	
Key Features of this Legislation	

The Legalisation	Mental Health Capacity 2005, including deprivation of liberty
Units	Exam 7 NA 16,1,7
Resources	
<ul style="list-style-type: none"> • https://www.alzheimers.org.uk/get-support/daily-living/making-decisions-mental-capacity-act • https://www.nhs.uk/conditions/social-care-and-support-guide/making-decisions-for-someone-else/mental-capacity-act/ 	
Key Features of this Legislation	



The Legalisation	Health & Safety at Work Act 1974
Units	Exam 3 NEA 12,5
Resources	
<ul style="list-style-type: none"> • https://www.hse.gov.uk/pubns/laweasyread.pdf • https://www.scie.org.uk/publications/guides/guide15/legislation/otherlegislation/healthandsafety/egislation.asp • https://www.nhsemployers.org/~media/Employers/Publications/Protecting%20staff%20from%20infection.pdf 	
Key Features of this Legislation	

The Legalisation	Human Rights Act 1998
Units	Exam 2,7, 25 NEA 12, 1,6,14, 17
Resources	
<ul style="list-style-type: none"> • https://www.equalityhumanrights.com/en/human-rights/human-rights-act • http://www.hartleyhouse.co.uk/uploads/FREDA%20human%20rights%20easy%20guide.pdf • https://www.alzheimers.org.uk/about-us/policy-and-influencing/what-we-think/equality-discrimination-human-rights • https://www.mentalhealth.org.uk/sites/default/files/dementia-rights-policy-discussion.pdf • https://www.equalityhumanrights.com/en/publication-download/human-rights-framework-restraint 	
Key Features of this Legislation	



The Legalisation	Care Standards Act 2000
Units	NEA 16
Resources	
<ul style="list-style-type: none"> • https://www.scie.org.uk/publications/guides/guide03/law/standards.asp • https://www.alzheimers.org.uk/about-us/policy-and-influencing/what-we-think/regulation-dementia-care 	
Key Features of this Legislation	

The Legalisation	Equality Act 2010
Units	Exam 2, NEA 16,17
Resources	
<ul style="list-style-type: none"> • https://www.alzheimers.org.uk/about-us/policy-and-influencing/what-we-think/equality-discrimination-human-rights • https://www.mind.org.uk/information-support/legal-rights/disability-discrimination/equality-act-2010/ 	
Key Features of this Legislation	



The Legalisation	Health & Social Care Act 2012 (2008)
Units	Exam 5,6,2 NEA 21
Resources	
<ul style="list-style-type: none"> • https://fullfact.org/health/end-nhs-we-know-it-guide-health-and-social-care-act/ • https://www.cqc.org.uk/guidance-providers/regulations-enforcement/regulations-service-providers-managers • https://www.gov.uk/government/publications/the-health-and-social-care-act-2008-code-of-practice-on-the-prevention-and-control-of-infections-and-related-guidance 	
Key Features of this Legislation	

The Legalisation	Control of Substances hazardous to health 2002 (COSHH)
Units	Exam 3, NEA 5
Resources	
<ul style="list-style-type: none"> • https://www.hse.gov.uk/pubns/indg136.pdf • https://www.qcs.co.uk/infection-control-policy-importance-risk-assessment/ 	
Key Features of this Legislation	



The Legalisation	Reporting of injuries, diseases of dangerous occurrences regulations 2013 (RIDDOR)
Units	Exam 3 NEA 5
Resources	
<ul style="list-style-type: none"> • https://www.hse.gov.uk/pubns/hsis1.pdf • http://www.protectus.co.uk/health-care/ • https://www.oshcr.org/riddor-reporting-of-injuries-diseases-and-dangerous-occurrences-regulations/ 	
Key Features of this Legislation	

The Legalisation	Management of health and safety at work regulations 1999
Units	Exam 3
Resources	
<ul style="list-style-type: none"> • https://www.hse.gov.uk/pubns/hsc13.pdf 	
Key Features of this Legislation	



Wood Green Academy

AND SIXTH FORM CENTRE

Wood Green Road
 WEDNESBURY
 West Midlands
 WS10 9QU

0121 556 4131
 0121 506 4609

www.woodgreenacademy.co.uk
 admin@woodgreenacademy.co.uk

Headteacher: Mr J.Topham B.Sc.(Hons), M.Sc., NPQH

The Legalisation	Food safety act 1990
Units	Exam 3 NEA 24
Resources	
<ul style="list-style-type: none"> • https://www.food.gov.uk/sites/default/files/media/document/Food%20standards%20safety%20act%201990%20PDF.pdf • https://www.food.gov.uk/about-us/key-regulations#food-safety-act-1990 	
Key Features of this Legislation	

The Legalisation	Food safety (general food hygiene) regulations 1995
Units	Exam 3
Resources	
<ul style="list-style-type: none"> • https://www.virtual-college.co.uk/resources/2017/08/food-legislation-safety-regulation-1995 	
Key Features of this Legislation	



EXCELLENCE AS STANDARD

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The Legalisation	Manual handling operations regulations 1992
Units	Exam 3
Resources	
<ul style="list-style-type: none"> • https://www.hse.gov.uk/pubns/priced/l23.pdf • https://www.hse.gov.uk/pubns/indg143.pdf 	
Key Features of this Legislation	

The Legalisation	Data protection act 1998/ 2018 GDPR
Units	Exam 3
Resources	
<ul style="list-style-type: none"> • https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/711162/2018-05-23 Factsheet 1 - Act overview.pdf • https://www.highspeedtraining.co.uk/hub/data-protection-act-summary/ 	
Key Features of this Legislation	



The Legalisation	Civil contingences act 2004
Units	Exam 3
Resources	
<ul style="list-style-type: none"> • https://www.gov.uk/guidance/preparation-and-planning-for-emergencies-responsibilities-of-responder-agencies-and-others • https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/60906/10_step_cycle.pdf 	
Key Features of this Legislation	

The Legalisation	Children and families act 2004
Units	Exam 6, 2 NEA 17
Resources	
<ul style="list-style-type: none"> • https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/359681/Young Person s Guide to the Children and Families Act.pdf • https://www.virtual-college.co.uk/resources/2014/02/summary-children-families-act-2014 • https://www.ncb.org.uk/sites/default/files/field/attachment/Children%20And%20Families%20Act%202014_Childrens%20Social%20Care.pdf 	
Key Features of this Legislation	



The Legalisation	Children and young persons act 2008
Units	NEA 21
Resources	<ul style="list-style-type: none">http://www.legislation.gov.uk/ukpga/2008/23/contents
Key Features of this Legislation	

The Legalisation	Children act 2004
Units	Exam 2, 7
Resources	<ul style="list-style-type: none">https://gpnotebook.com/en-gb/simplepage.cfm?ID=x20140305071001216972
Key Features of this Legislation	



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admin@woodgreenacademy.co.uk

Headteacher: Mr J.Topham B.Sc.(Hons), M.Sc., NPQH

The Legalisation	Children act 1989
Units	NEA 21
Resources	<ul style="list-style-type: none">• https://www.legislation.gov.uk/ukpga/1989/41/contents• https://www.cypnow.co.uk/features/article/the-children-act-1989-30-years-on
Key Features of this Legislation	



NATIONAL INITIATIVES

The Legalisation	The Care Certificate 2014
Units	Exam 2
Resources	
<ul style="list-style-type: none"> https://www.skillsforcare.org.uk/Learning-development/inducting-staff/care-certificate/Care-Certificate.aspx 	
Key Features of this Legislation	

The Legalisation	OFSTED
Units	Exam 2
Resources	
<ul style="list-style-type: none"> https://www.youtube.com/watch?v=byaUliCMi9E https://www.gov.uk/government/organisations/ofsted 	
Key Features of this Legislation	



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The Legalisation	CQC Care Quality Commission
Units	Exam 2
Resources	
<ul style="list-style-type: none"> https://www.cqc.org.uk/what-we-do/how-we-do-our-job/fundamental-standards 	
Key Features of this Legislation	

The Legalisation	EHRC Equality and human rights commissions
Units	Exam 2
Resources	
<ul style="list-style-type: none"> https://www.equalityhumanrights.com/en 	
Key Features of this Legislation	



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admin@woodgreenacademy.co.uk

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The Legalisation	NICE National Institute for health and social care excellence
Units	Exam 2 NEA 14
Resources	<ul style="list-style-type: none">https://www.nice.org.uk/
Key Features of this Legislation	