

Are You an Unpaid Carer in Sandwell?

Introducing Sandwell Carers Hub Community Outreach Programme

Do you provide unpaid care for a loved one? You are not alone. The new Sandwell Carers Hub is here to ensure that unpaid carers of all ages in Sandwell feel seen, supported, and connected.



Support groups and activities to build connections and resilience.



Help with employment, training, and financial benefits.



Wellbeing Checks and Action Plans to help you manage and plan ahead.



Advice to reduce the risk of carer crises, such as those caused by illness or exhaustion.



Dedicated support for young carers and parent carers.



Help with your own physical and mental wellbeing.



One-on-one support to address individual needs.



Connections to services closer to home to combat loneliness & isolation.

Sandwell Carers Hub community outreach programme is delivered by your new carers community outreach adviser, Sharon, and is a partnership initiative focused on making a significant and positive impact.



Contact us to learn more!



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Covering Smethwick, Oldbury & Rowley Regis

