

ENRICHMENT

Enrichment goes beyond the academic and compliments our students' curricula. Experiences are intended to enhance each students' (physical/mental/social) health and well-being

We aim for activities to be enjoyable and broaden...

- each individual's view of the world around them
- the opportunities they can pursue to enhance the overall quality of their life.

All students in Years 7 and 8 engage in a range of enrichment activities every week. These activities compliment their curriculum offer and are led by specialist coaches, many of whom are returning alumni.

Year 7 – Period 6 every Monday

Year 8 – Period 6 every Wednesday

Over the two years the students will do 12 activities.

Activities include:

Year 7 - Memory, Judo, BoxClever, Kabaddi, Introduction to Leadership, Top Table and Word Detective

Year 8 – Duke of Edinburgh, Judo, BoxClever, Kabaddi, Leadership (Referee) Leagues and Ladders and Word Inspector

All activities have an 'I Can I Will' theme to them: Reflectiveness; Risk Taking; Drive; Resilience; Initiative; Curiosity; Flexibility of Mind.

BoxClever focusses on emotional intelligence, champions in life, accountability, responsibility, resilience, health and fitness – sessions are non-contact, but high intensity and physical.