

NSSW 35		POP1	Lesson					
Interhouse week 15, 21		POP2	Lesson					
Internal Exams	Week #			Group 1	Group 2	Group 3	Group 4	Group 5
	1	9/1/2025	Unit 1 5 weeks	Welcome to PE (2 lessons)				
	2	9/8/2025		Setting - Cross Country followed by 5 lesson rotation				
	3	9/15/2025						
	4	9/22/2025		Interhouse				
	5	9/29/2025						
	6-10	6/10/25 - 16/11/25	Unit 2 5 weeks	Dance Red Gym/Hall	Fundamentals	Netball SH1	Climbing & OAA Field/Newton Hall	Table Tennis SH2
13,14,15 N+R (2)	11-16	17/11/25 - 11/1/26	Unit 3 5 weeks	Table Tennis SH2	Dance Red Gym/Hall	Fundamentals	Netball SH1	Climbing & OAA Field/Newton Hall
20,21 N+R (1)	17-21	12/1/26 - 1/3/26	Unit 4 5 weeks	Climbing & OAA Field/Newton Hall	Table Tennis SH2	Dance Red Gym/Hall	Fundamentals	Netball SH1
	22-26	2/3/26 - 19/4/26	Unit 5 5 weeks	Netball SH1	Climbing & OAA Field/Newton Hall	Table Tennis SH2	Dance Red Gym/Hall	Fundamentals
30,31,32 SH	27-32	20/4/26 - 24/5/26	Unit 6 5 weeks	Fundamentals	Netball SH1	Climbing & OAA Field/Newton Hall	Table Tennis SH2	Dance Red Gym/Hall
33 onwards	33-38	1/6/26 - 12/7/26	Unit 7 5 weeks	Athletics & Rounders Rota				

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Interhouse week 15 and 21	POP2	Lesson						
Internal Exams	Week #		Group 1	Group 2	Group 3	Group 4	Group 5	
	1-5	1/9/25 - 5/10/25	Unit 1 5 weeks	Fundamentals Rota	Fundamentals Rota	Fundamentals Rota	Fundamentals Rota	Fundamentals Rota
	6-10	6/10/25 - 16/11/25	Unit 2 5 weeks	Dance Red Gym/Hall	Climbing & OAA Field/Newton Hall	Table Tennis SH2	Handball SH1	Fitness
13,14,15 N+R (2)	11-16	17/11/25 - 11/1/26	Unit 3 5 weeks	Options	Options	Options	Options	Options
20,21 N+R (1)	17-21	12/1/26 - 1/3/26	Unit 4 5 weeks	Handball SH1	Dance Red Gym/Hall	Climbing & OAA Field/Newton Hall	Table Tennis SH2	trampolining Newton Hall
	22-26	2/3/26 - 19/4/26	Unit 5 5 weeks	trampolining Newton Hall	Handball SH1	Dance Red Gym/Hall	Climbing & OAA Field/Newton Hall	Table Tennis SH2
30,31,32 SH	27-32	20/4/26 - 24/5/26	Unit 6 5 weeks	Climbing & OAA Field/Newton Hall	Table Tennis SH2	Handball/Netball SH1/Newton	Dance Red Gym/Hall	Cricket
33 onwards	33-38	1/6/26 - 12/7/26	Unit 7 5 weeks	Athletics	Cricket	Athletics	Cricket	Dance Red Gym/Hall

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	Interhouse week 1	15	POP2	Lesson				
	Interhouse week 2	21			Group 1	Group 2	Group 3	Group 4
Internal Exams	Week #			Sport		Participation		
	1-5	1/9/25 - 5/10/25	Unit 1 5 weeks	Trampolining Newton	Climbing Newton Hall	Fitness Fitness Suite	TT SH2	Badminton SH1
	6-10	6/10/25 - 16/11/25	Unit 2 5 weeks	Climbing Newton Hall	TT SH2	Trampolining Newton	Handball SH1	Target Red Hall
13,14,15 N+R (2)	11-16	17/11/25 - 11/1/26	Unit 3 5 weeks	TT SH2	Football Field	Badminton SH1	Basketball Newton PG	Fitness Fitness Suite
20,21 N+R (1)	17-21	12/1/26 - 1/3/26	Unit 4 5 weeks	Netball Newton	Handball SH1	TT SH2	Fitness Fitness Suite	Trampolining Newton
	22-26	2/3/26 - 19/4/26	Unit 5 5 weeks	Fitness Lesson 2 F/S Lesson 1 field	Fitness Lesson 1 F/S Lesson 2 field	Netball Newton PG	Badminton SH1	Climbing and OAA Newton Hall/Field
30,31,32 SH	27-32	20/4/26 - 24/5/26	Unit 6 5 weeks	Trampolining Newton	TT SH2	Climbing Newton Hall	Athletics	Rounders
33 onwards	33-38	1/6/26 - 12/7/26	Unit 7 5 weeks	Athletics	Athletics	Rounders	Rounders	Athletics

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Interhouse week 1 15		POP2	Lesson		
Interhouse week 2 21				Group 1	Group 2
Internal Exams	Week #			Sport	
	1-5	1/9/25 - 5/10/25	Unit 1 5 weeks	Trampolining Newton	Fitness Fitness Suite
	6-10	6/10/25 - 16/11/25	Unit 2 5 weeks	Netball SH1	Football Field
13,14,15 N+R (2)	11-16	17/11/25 - 11/1/26	Unit 3 5 weeks	TT SH2	Handball SH1
20,21 N+R (1)	17-21	12/1/26 - 1/3/26	Unit 4 5 weeks	Climbing Newton Hall	TT SH2
	22-26	2/3/26 - 19/4/26	Unit 5 5 weeks	Fitness Lesson 2 F/S Lesson 1 field	Climbing Newton Hall
30,31,32 SH	27-32	20/4/26 - 24/5/26	Unit 6 5 weeks	Trampolining Newton	Athletics Field Grids
33 onwards	33-38	1/6/26 - 12/7/26	Unit 7 5 weeks	Rounders Field	Softball Elwells

Group 3	Group 4	Group 5	Group 6
	Participation		
TT SH2	Climbing Newton Hall	Badminton SH1	Basketball Newton PG WW Red hall
Climbing Newton Hall	TT SH2	Basketball Newton PG	Fitness Fitness Suite
Football Field	Basketball Newton PG	Fitness Fitness Suite	Climbing and OAA Field
Handball SH1	Fitness Fitness Suite	Trampolining Newton	Target Redgrave Hall
Fitness Lesson 1 F/S Lesson 2 field	Badminton SH1	Table Tennis SH2	Trampolining Newton
TT SH2	Softball Elwells	Climbing Newton Hall	Rounders Bottom of field
Athletics	Athletics	Athletics	Climbing Newton Hall

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Interhouse week 2	21			Group 1	Group 2	Group 3	Group 4	Group 5	Group 6
Internal Exams	Week #			Sport			Participation		
	1-5	1/9/25 - 5/10/25	Unit 1 5 weeks	Trampolining Newton Hall	Handball SH1	Climbing Newton	TT SH2	Fitness Fitness Suite	Football Field WW Red Hall
	6-10	6/10/25 - 16/11/25	Unit 2 5 weeks	Climbing Newton	TT SH2	Handball SH1	Basketball Newton PG	Target Red Hall	Fitness Fitness Suite
13,14,15 N+R (2)	11-16	17/11/25 - 11/1/26	Unit 3 5 weeks	Netball Newton PG	Football Field	Football Field	Fitness Fitness Suite	Badminton SH1	TT SH2
20,21 N+R (1)	17-21	12/1/26 - 1/3/26	Unit 4 5 weeks	Netball SH1	Climbing Newton	TT SH2	Football Field	Basketball Newton PG	Target Red Hall
	22-26	2/3/26 - 19/4/26	Unit 5 5 weeks	Exam Prep	Exam Prep	Exam Prep	Trampolining Newton Hall	TT SH2	Climbing Newton
30,31,32 SH	27-28	20/4/26 - 24/5/26	Unit 6 2 weeks	Exam Prep	Exam Prep	Exam Prep	Interhouse	Interhouse	Interhouse
33 onwards	29-33	1/6/26 - 12/7/26	Unit 7 5 weeks	Rounders	Basketball/Football	Basketball/Football	Basketball/Football	Climbing	Rounders

Core	Year 7		Year 8		Year 9	
	CT	SofL	CT	SofL	CT	SofL
Athletics						
Basketball						
Cricket						
Dance						
Fitness						
Football						
Fundamentals						
Handball						
Netball						
Climbing & OAA						
Rounders						
Softball						
Table Tennis						
Trampolining						
Badminton						

Sport Science	Year 9		Year 10		Year 11	
	CT	SofL	CT	SofL	CT	SofL
Athletics						
Cricket						
Handball						
Netball						
Climbing						
Table Tennis						
Trampolining						
Football						
Badminton						

Year 10		Year 11		Staff
CT	SofL	CT	SofL	
				KXT
				JAL
				JCA
				KIP
				AMC
				IDB
				MDM
				JAL
				BJS
				MDM
				KXT
				JAL
				SCP
				AB
				GIR

Staff
KXT
JCA
JAL
BJS
MDM
SCP
AB
IDB
GIR