

PE GCE and GCSE Curriculum Map 2021-22

Our curriculum inspires our students to learn and contextualise the world of PE, sport and sport science. They will learn and develop this through the combination of physical performance and academic challenges.

| Term | Autumn Term 2021 | | | | | | | | | | | | | | | Spring Term 2022 | | | | | | | | | | | | Summer Term 2022 | | | | | | | | | | | | | | | |
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| | Term 1a | | | | | | | | Term 1b | | | | | | | Term 2a | | | | | | Term 2b | | | | | | Term 3a | | | | | | Term 3b | | | | | | | | | |
| Weeks | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 32 | 33 | 34 | 35 | 36 | 37 | 38 | 39 | 40 | | | |
| Year 9 | Musculoskeletal System GCSE | | | | | | | | Leadership - BTEC | | | | | | | Lifestyle Factors and Choices - GCSE | | | | | | Cardiovascular system BTEC | | | | | | Fitness and Training - PEP GCSE | | | | | | Preparation for Y10 GCSE or BTEC | | | | | | | | | |
| Year 9 Recovery | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Year 10 | C1 - Anatomy & Physiology | | | | | | | | | | | | | | | C1 - Physical Training & PEP | | | | | | | | | | | | C1 Movement Analysis | | | | | | | | | | | | | | | |
| Year 10 Recovery | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Year 11 | C1 - Physical Training PEP completion | | | | | | | | C1 Injury & PEDs | | | C2 - Health, Fitness & Well-Being | | | | C2 - Sport Psychology | | | | | C2 - Socio-cultural Issues | | | | RRR | | | | | | | | | | | | | | | | | | |
| Year 11 Recovery | PEP coursework | | | | | | | | A&P | | | PT | | MA | | HFWB | | AO1/2 | | AO2 | | AO3 | | | | | | | | | | | | | | | | | | | | | |
| Year 12 SCP | Applied Anatomy & Physiology (1) - Cardiovascular System | | | | | | | | Applied A&P - Respiratory System | | | | | | | Applied A&P Neuromuscular system | | Applied A&P - Musculoskeletal system | | | Applied A&P - Energy | | | | | | Exercise Physiology (4) - Dirt, Training & Injury | | | | | | | | | | | | | | | | |
| Year 12 BJS | Skill Acq (2) - Skills, Practice of Learning, Guidance & Feedback | | | | | | | | Information Processing (2) | | | | | | | Sport & Society (3) - Pre & post industrial Britain 1 | | | | | Sport & Society (3) - commercialisation, physical activity & sport 2 | | | | | | | | | | | | | | | | | | | | | | |
| Year 12 Recovery | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Year 13 LW | Biomechanics (5) - Linear, angular, projectile, fluid mechanics | | | | | | | | Sport & Society (3) Elite, Ethics, Violence, Drugs, Law & analytics (7) 3 | | | | | | | Technology | | | | | Coursework completion - practical & written | | | | RRR | | | | | | | | | | | | | | | | | | |
| Year 13 BJS | Sport Psychology (6) | | | | | | | | | | | | | | | Sport & society (3) - Commercialisation, Sponsorship, Media | | | | | RRR | | | | | | | | | | | | | | | | | | | | | | |
| Year 13 Recovery | A&P | | | Skill Acq/IP | | | Ex. Phy | | | Sport & Society 1 | | | Energy | | | Sport & Society 2 | | | Biomechanics | | Sport & Society 3 | | | Sport Psychology | | | | | | | | | | | | | | | | | | | |